



**Wigan**  
**Council**

# Say It Better

**Do you want to create a calmer,  
happier home?**

Join our exciting new three-week course for couples, designed to help you communicate more positively, strengthen your relationship, and build a more peaceful home environment.

Whether you're navigating everyday stress or simply looking to reconnect, this course offers practical tools and supportive guidance in a relaxed, friendly setting.

**Register your interest today by contacting:**

[Earlyhelpdevelopmentteam@wigan.gov.uk](mailto:Earlyhelpdevelopmentteam@wigan.gov.uk)

